

# aerolase®



## Pre/Aftercare Instructions AEROLASE LASER SKIN HEALTH

NeoClear®  
Acne Free. NeoClear.

### ACNE THERAPY TREATMENT CARE

#### Pre-Treatment

- Notify your practitioner of any medications you have used within the last 6 months.
- Discontinue use of medications containing AHA's, retinoids, exfoliants, etc 1 week prior to treatment.
- Notify your practitioner if you have a history of perioral herpes.

#### Immediately Before Treatment

- Remove any make-up and/or lotions and make sure that the skin is dry in the area to be treated.

#### Post-Treatment

- You may return to your normal daily activities immediately after your treatments.
- Avoid extended sun exposure or tanning for at least 1-week post-treatment.
- Use of a broad-spectrum UVA/UVB minimum of SPF 30 is very important after receiving any laser treatment. Remember to reapply throughout the day.
- Discontinue any chemical peels or exfoliating agents as the skin may become more sensitive after the treatment.
- Keep the area well moisturized as dryness may occur – an oil-free lotion is preferred to help the treatment be as effective as possible.
- To achieve the best results, complete the full treatment schedule at the intervals recommended by your laser practitioner.



## **REJUVENATION TREATMENT CARE**

### **Pre-Treatment**

- Notify your practitioner of any medications you have used within the last 6 months.
- Notify your practitioner if you have a history of perioral herpes.

### **Immediately Before Treatment**

- Shave or trim any hair in the area to be treated. This will help achieve the best possible results.
- Remove any make-up and/or lotions and make sure that the skin is dry in the area to be treated.

### **Post-Treatment**

- You may return to your normal daily activities immediately after your treatments.
- Avoid extended sun exposure or tanning for at least 1-week post-treatment.
- Any redness that occurs, if any, should disappear within a few hours after the treatment and if you would like, apply an ice pack.
- The use of a broad-spectrum UVA/UVB SPF 30 is very important after receiving any laser treatment. Remember to reapply throughout the day.
- To achieve the best results, complete the full treatment schedule at the intervals recommended by your laser practitioner.

## **MELASMA TREATMENT CARE**

### **Pre-Treatment**

- Notify your practitioner of any medications you have used within the last 6 months.
- Notify your practitioner if you have a history of perioral herpes.

### **Immediately Before Treatment**

- Remove any make-up and/or lotions and make sure that the skin is dry in the area to be treated.

### **Post-Treatment**

- You may return to your normal daily activities immediately after your treatments.
- Keep the area well moisturized with Bacitracin or Polysporin. The area will change color in the days and weeks following treatment and may form a crust or a scab. This is a normal occurrence during the healing process and should be allowed to slough off on its own. Do not rub, scratch, or pick at the treated area to let the treated area naturally heal.
- Avoid extended sun exposure or tanning for one month post-treatment. After the crusted pigmented skin layer sloughs off, use a broad spectrum UVA/UVB minimum of SPF 30. Remember to reapply throughout the day.
- If the area becomes tender, reddened, or shows signs of infection, please notify the office immediately.
- To achieve the best results, complete the full treatment schedule at the intervals recommended by your laser practitioner.



## **NAIL TREATMENT CARE**

### **Pre-Treatment**

- Purchase a new pair of socks that you can wear immediately after treatment, as a step of avoiding re-infection by the fungal spores.
- Purchase an anti-fungal spray prior to treatment, which will be used to disinfect your shoes.

### **Immediately Before Treatment**

- Completely remove all nail polish, creams, or lotions from every nail and skin surface around the treatment area.

### **Post-Treatment**

- You may return to your normal daily activities immediately after your treatments.
- Keep the treated nails and skin clean and dry, especially after sports or activities involving water or moisture. Wear only clean socks. Treat all of your shoes with the anti-fungal spray immediately after your treatment and at least once per week thereafter.
- You may apply nail polish 24 hours after treatment. Discard any nail polish previously used on the nails. Use an anti-fungal cream on your nails for two weeks post-treatment.
- Change the sheets the 1st night after each treatment and wash socks and sheets with bleach.
- Clean your bath or shower with bleach prior to use. Clean all nail instruments with bleach before using them again. If you shower anywhere outside of your own home (e.g. the gym), wear properly treated flip-flops or sandals and disinfect them after each use.
- To achieve the best results, complete the full treatment schedule at the intervals recommended by your laser practitioner.

## **PFB TREATMENT CARE**

### **Pre-Treatment**

- Notify your practitioner of any medications you have used within the last 6 months.
- Notify your practitioner if you have a history of perioral herpes.
- Discontinue waxing, tweezing, or plucking 3 weeks prior to treatment. Shaving is required for these areas as the follicle must be present for the treatment to be as effective as possible.
- It is best to shave or clip hairs 2-3 days prior to treatment and have stubble of 2-3 mm. This helps the laser operator see the treatment areas and allows a more effective treatment.

### **Immediately Before Treatment**

- Remove any make-up and/or lotions and make sure that the skin is dry in the area to be treated.

### **Post-Treatment**

- You may return to your normal daily activities immediately after your treatments.
- Avoid extended sun exposure or tanning for at least 1-week post-treatment.
- Use of a broad-spectrum UVA/UVB minimum of SPF 30 is very important after receiving any laser treatment. Remember to reapply throughout the day.
- Continue a regiment of shaving or clipping hairs through your course of treatments to ensure any remaining follicles are present at treatment.
- To achieve the best results, complete the full treatment schedule at the intervals recommended by your laser practitioner.



## **SUN & AGE SPOT TREATMENT CARE**

### **Pre-Treatment**

- Notify your practitioner of any medications you have used within the last 6 months.
- Notify your practitioner if you have a history of perioral herpes.

### **Immediately Before Treatment**

- Remove any make-up and/or lotions and make sure that the skin is dry in the area to be treated.

### **Post-Treatment**

- You may return to your normal daily activities immediately after your treatments.
- Keep the area well moisturized with inert moisturizer. The area will change color in the days and weeks following treatment and may form a crust or a scab. This is a normal occurrence during the healing process and should be allowed to slough off on its own. Do not rub, scratch or pick at the treated area to let the treated area naturally heal.
- Avoid extended sun exposure or tanning for one month post-treatment. After the crusted pigmented skin layer sloughs off, use a broad spectrum UVA/UVB minimum of SPF 30. Remember to reapply throughout the day.
- If the area becomes tender, reddened or shows signs of infection, please notify the office immediately.
- To achieve the best results, complete the full treatment schedule at the intervals recommended by your laser practitioner.

## **PSORIASIS TREATMENT CARE**

### **Pre-Treatment**

- Notify your practitioner of any medications you have used within the last 6 months. \*Blood-thinning medications can hinder the results of vascular treatments.
- Notify your practitioner if you have a history of perioral herpes.

### **Immediately Before Treatment**

- If applicable, shave or trim any hair in the area to be treated. This will help achieve the best possible results.
- Remove any make-up and/or lotions and make sure that the skin is dry in the area to be treated.

### **Post-Treatment**

- You may return to your normal daily activities immediately after your treatments but refrain from vigorous exercise for 3 days post-treatment.
- Avoid extended sun exposure or tanning for at least 1-week post-treatment.
- Keep the treatment site moist by reapplying an inert moisturizer multiple times per day for a week after treatment. Should any scabbing occur, do not pick or scratch at the treated skin.
- Immediately after treatment, there may be some transient erythema in or adjacent to the treated area, which should resolve within a few days. It may take up to 6 weeks for the affected areas of skin to return to a more normal thickness, but the redness may take up to several months to improve. Typically, maintenance sessions will need to be scheduled for continued improvement of flare-ups occur.
- To achieve the best results, complete the full treatment schedule at the intervals recommended by your laser practitioner.





## **ROSACEA TREATMENT CARE**

### **Pre-Treatment**

- Notify your practitioner of any medications you have used within the last 6 months. \*Blood-thinning medications can hinder the results of vascular treatments.
- Notify your practitioner if you have a history of perioral herpes.

### **Immediately Before Treatment**

- If applicable, shave or trim any hair in the area to be treated. This will help achieve the best possible results.
- Remove any make-up and/or lotions and make sure that the skin is dry in the area to be treated.

### **Post-Treatment**

- You may return to your normal daily activities immediately after your treatments but refrain from vigorous exercise for 3 days post-treatment.
- Avoid extended sun exposure or tanning for at least 1-week post-treatment.
- Keep the treatment site moist by reapplying an inert moisturizer multiple times per day for a week after treatment. Should any scabbing occur, do not pick or scratch at the treated skin.
- Pronounced vessels may convert to what looks like a cat-scratch (rust coloring or bruising) from 24 hours up to 2 weeks post-treatment. This is a normal occurrence. Such pronounced vascular lesions may disappear and re-appear for a period of up to 3 months post-treatment.
- Avoid blood thinners for 1-2 weeks post-treatment. Avoid hot showers, baths, saunas, and steam rooms for 48 hours post-treatment.
- To achieve the best results, complete the full treatment schedule at the intervals recommended by your laser practitioner.

## **SCAR REVISION TREATMENT CARE**

### **Pre-Treatment**

- Notify your practitioner of any medications you have used within the last 6 months.
- Notify your practitioner if you have a history of perioral herpes.

### **Immediately Before Treatment**

- Remove any make-up and/or lotions and make sure that the skin is dry in the area to be treated.

### **Post-Treatment**

- You may return to your normal daily activities immediately after your treatments.
- Keep the area well moisturized with an inert moisturizer. The area will change color in the days and weeks following treatment and may form a crust or a scab. This is a normal occurrence during the healing process and should be allowed to slough off on its own. Do not rub, scratch, or pick at the treated area to let the treated area naturally heal.
- Avoid extended sun exposure or tanning for one month post-treatment. After the crusted pigmented skin layer sloughs off, use a broad spectrum UVA/UVB minimum of SPF 30. Remember to reapply throughout the day.
- If the area becomes tender, reddened, or shows signs of infection, please notify the office immediately.
- To achieve the best results, complete the full treatment schedule at the intervals recommended by your laser practitioner.



## **VEIN TREATMENT CARE**

### **Pre-Treatment**

- Notify your practitioner of any medications you have used within the last 6 months. \*Blood-thinning medications can hinder the results of vein treatments.
- Notify your practitioner if you have a history of perioral herpes.

### **Immediately Before Treatment**

- If applicable, shave or trim any hair in the area to be treated. This will help achieve the best possible results.
- Remove any make-up and/or lotions and make sure that the skin is dry in the area to be treated.
- If having leg veins treated, bring a pair of shorts to wear during your session.

### **Post-Treatment**

- You may return to your normal daily activities immediately after your treatments but refrain from vigorous exercise for 3 days post-treatment.
- Avoid extended sun exposure or tanning for at least 1-week post-treatment.
- Keep the treatment site moist by reapplying an inert moisturizer multiple times per day for a week after treatment. Should any scabbing occur, do not pick or scratch at the treated skin.
- Veins may convert to what looks like a cat-scratch from 24 hours up to 2 weeks post-treatment. This is a normal occurrence. Veins may disappear and re-appear for a period of up to 3 months post-treatment.
- Avoid blood thinners for 1-2 weeks post-treatment. Avoid hot showers, baths, saunas, and steam rooms for 48 hours post-treatment.
- To achieve the best results, complete the full treatment schedule at the intervals recommended by your laser practitioner.

## **WART TREATMENT CARE**

### **Pre-Treatment**

- Notify your practitioner of any medications you have used within the last 6 months.

### **Immediately Before Treatment**

- If applicable, shave or trim any hair in the area to be treated. This will help achieve the best possible results.
- Remove any make-up and/or lotions and make sure that the skin is dry in the area to be treated.

### **Post-Treatment**

- You may return to your normal daily activities immediately after your treatments.
- Avoid extended sun exposure or tanning for at least 1-week post-treatment.
- For the best results, keep the treatment site with an antifungal cream multiple times per day for a week after treatment. Should any scabbing occur, do not pick or scratch at the treated skin. Once the blood supply has been eradicated, the infected tissue will fall away and return your skin to its normal tone and texture.
- To achieve the best results, complete the full treatment schedule at the intervals recommended by your laser practitioner.



## HAIR REMOVAL TREATMENT CARE

### Pre-Treatment

- Notify your practitioner if you have any hormonal conditions, including but not limited to PCOS (Polycystic Ovarian Syndrome), as these conditions tend to cause aggressive hair regrowth after laser treatment.
- Notify your practitioner of any medications you have used within the last 6 months.
- Notify your practitioner if you have a history of perioral herpes.
- Discontinue waxing, tweezing, or plucking 3 weeks prior to treatment. Shaving is required 2 days before treatment, as small 2-3 mm stubble of hair **MUST** be present for the treatment to be effective.

### Immediately Before Treatment

- Remove any make-up and/or lotions and make sure that the skin is dry in the area to be treated.

### Post-Treatment

- You may return to your normal daily activities immediately after your treatments.
- Avoid extended sun exposure or tanning for at least 1-week post-treatment.
- Use of a broad-spectrum UVA/UVB minimum of SPF 30 is very important after receiving any laser treatment. Remember to reapply throughout the day.
- Continue a regiment of shaving through your course of treatments, 2 days before each treatment session, to ensure any remaining follicles are present at treatment.
- To achieve the best results, complete the full treatment schedule at the intervals recommended by your laser practitioner.

GRACE ✨ PURITY

PERMANENT MAKEUP STUDIO & MEDI SPA

*"He calls me beautiful one." - Song of Solomon 2:10*

